

# Gillett Tigers - Elementary School

# SEPTEMBER

All Breakfast and Lunch include Milk Variety

All students must take at least ½ cup of fruit or vegetable with EVERY meal.

Free/Reduced students who select MILK ONLY, will be charged a .40 charge, Milk is only free when taken with the complete meal.

Mondays	Tuesday	Wednesday	Thursday	Friday
<p>1.</p> 	<p>2.</p> <p>Cream Cheese Bagel Applesauce Cup &amp; Juice</p> <hr/> <p>Mini Corn Dogs Potato Wedges, Diced Pears Steamed Broccoli, Rice Krispy</p>	<p>3.</p> <p>Banana or Blueberry Bread String Cheese Mixed Fruit Cup &amp; Juice</p> <hr/> <p>Burger on WG Bun Lettuce, Cheese Thunder Fries, Mandarin Cup</p>	<p>4.</p> <p>Breakfast Pizza Banana &amp; Juice</p> <hr/> <p>Popcorn Chicken Mac &amp; Cheese Corn, Diced Peaches</p>	<p>5.</p> <p>Mini Long John &amp; Yogurt Fruit Variety</p> <hr/> <p>Tony's Cheese Pizza Baked Beans, Sliced Cucumbers Pineapple Slices Cookie</p>
<p>8.</p> <p>Waffles w/ Fruit topping String Cheese &amp; Juice</p> <hr/> <p>Chicken Patty on WG Bun Lettuce, Sliced Tomato Goldfish Cracker, Apple Slices</p>	<p>9.</p> <p>Warm Fruit Frudel Applesauce Cup &amp; Juice</p> <hr/> <p>Spaghetti w/ Meat Sauce Steamed Broccoli, Garlic Toast Strawberry Cup</p>	<p>10.</p> <p>Cereal Bowl &amp; Gogurt Mandarin Orange Cup &amp; Juice</p> <hr/> <p>Soft Shell Tacos Lettuce, Cheese, Salsa Corn, Refried Beans, Pear Cup</p>	<p>11.</p> <p>Scrambled Eggs w/ WG Biscuit Sliced Apple Bag &amp; Juice</p> <hr/> <p>Meatballs in Brown Gravy Mashed Potatoes, Carrots Banana, Dinner Roll</p>	<p>12.</p> <p>Cinnamon Roll Fruit Variety</p> <hr/> <p>Sweet &amp; Sour Popcorn Chicken Brown Rice, Stir Fry Veggies Pineapple Cup, Fortune Cookie</p>
<p>15.</p> <p>Cream Cheese Bagel Applesauce Cup &amp; Juice</p> <hr/> <p>Turkey &amp; Cheese Sandwich Lettuce, Sliced Tomato Cheez Its, Fresh Cantaloupe</p>	<p>16.</p> <p>Pancakes &amp; Sausage Cinnamon Apple Slices &amp; Juice</p> <hr/> <p>Ravioli Bowl Sweet Peas Garlic Breadstick, Peach Cup</p>	<p>17.</p> <p>Banana or Blueberry Bread Pear Cup &amp; Juice</p> <hr/> <p>French Toast Sticks Sausage, Diced potatoes, Blueberries &amp; Juice Cup</p>	<p>18.</p> <p>Cinnamon Toast Crunch Pastry Sliced Apple Bags &amp; Juice</p> <hr/> <p>Chicken Nuggets Tater Tots, Baked Beans Fresh Grapes</p>	<p>19.</p> <p>Toasted Bagel w/ Cream Cheese Fruit Variety</p> <hr/> <p>Pizza Dippers w/ Marinara Mixed Veggies, Pineapple Cup Sun Chips</p>
<p>22.</p> <p>Mini Cinni Applesauce Cup &amp; Juice</p> <hr/> <p>Hot Dog on WG Bun Potato Smiles, Baked Beans Apple Slices</p>	<p>23.</p> <p>Mini Blueberry Waffles Diced Pears &amp; Juice</p> <hr/> <p>Chicken Alfredo Mac Steamed Broccoli Garlic Toast Diced Mixed Fruit</p>	<p>24.</p> <p>Cereal Bowl &amp; String Cheese Mandarin Orange Cup &amp; Juice</p> <hr/> <p>Beef &amp; Cheese Nachos Fiesta Corn, Lettuce, Salsa Diced Peaches</p>	<p>25.</p> <p>Breakfast Slider &amp; Tri Tator Banana &amp; Juice</p> <hr/> <p>Burger on WG Bun Lettuce, Cheese, Thunder Fries Orange Wedges</p>	<p>26.</p> <p>Mini Long John &amp; Yogurt Fruit Variety</p> <hr/> <p>Tony's Cheese Pizza Mini Corn Cob Pineapple Slices Sept. Birthday treat</p>
<p>29.</p> <p>Warm Fruit Frudel Applesauce Cup &amp; Juice</p> <hr/> <p>Cheese Omelet, Potatoes, Strawberries, Cucumber Coins English Muffin w/ Jelly</p>	<p>30.</p> <p>French Toast &amp; Sausage Blueberry Cup &amp; Juice</p> <hr/> <p>Beef Stroganoff Green Beans, Dinner Roll Mandarin Orange Cup</p>			

\*\*This institution is an equal opportunity provider.

# Gillett Tigers – Secondary School

# SEPTEMBER

All Breakfast and Lunch include Milk Variety

All students must take at least ½ cup of fruit or vegetable with EVERY meal.

Free/Reduced students who select MILK ONLY, will be charged a .40 charge, Milk is only free when taken with the complete meal.

Mondays	Tuesday	Wednesday	Thursday	Friday
<p>1.</p>  <p><b>NO SCHOOL</b></p>	<p>2.</p> <p>Toasted Bagel w/ Cream Cheese Fruits &amp; Juice</p> <hr/> <p>Mini Corn Dogs Potato Wedges Steamed Broccoli, Rice Krispy</p>	<p>3.</p> <p>Banana or Blueberry Bread String Cheese, Fruits &amp; Juice</p> <hr/> <p>Build a Burger on WG Bun Thunder Fries Fruit &amp; Salad Bar</p>	<p>4.</p> <p>Sausage &amp; Egg McMuffin Fruits &amp; Juice</p> <hr/> <p>Popcorn Chicken Mac &amp; Cheese, Corn Fruit &amp; Salad Bar</p>	<p>5.</p> <p>Long John &amp; Yogurt Fruits &amp; Juice</p> <hr/> <p>Homemade Pizza Variety Baked Beans Fruit &amp; Salad Bar, Cookie</p>
<p>8.</p> <p>Waffles w/ Fruit topping OR Cereal Bowl String Cheese, Juice</p> <hr/> <p>Chicken Patty on WG Bun Goldfish, Mixed Veggies Fruit &amp; Salad Bar</p>	<p>9.</p> <p>Fruit Frudel or Cereal Bowl Fruits &amp; Juice</p> <hr/> <p>Spaghetti w/ Meat Sauce Steamed Broccoli Garlic Toast Fruit &amp; Salad Bar</p>	<p>10.</p> <p>UBR or Uncrustable Fruits &amp; Juice</p> <hr/> <p>Soft Shell Tacos Fiesta Corn Refried Beans Fruit &amp; Salad Bar</p>	<p>11.</p> <p>Scrambled Eggs Biscuit w/ Jelly, Fruits &amp; Juice</p> <hr/> <p>Meatballs in Brown Gravy Mashed Potatoes, Carrots Banana &amp; Salad Bar Dinner Roll</p>	<p>12.</p> <p>Cinnamon Roll Fruits &amp; Juice</p> <hr/> <p>Sweet &amp; Sour Popcorn Chicken Brown Rice, Fortune Cookie Stir Fry Veggies Fruit &amp; Salad Bar</p>
<p>15.</p> <p>Cream Cheese Bagel OR Cereal Bowl Fruits &amp; Juice</p> <hr/> <p>Deli Sub Cheez Its, Cantaloupe Sub Veggie Variety</p>	<p>16.</p> <p>Pancake Sandwich Fruits &amp; Juice</p> <hr/> <p>BBQ on WG Bun Potato Wedges California Blend Veggies Fruit &amp; Salad Bar</p>	<p>17.</p> <p>Banana or Blueberry Bread Fruits &amp; Juice</p> <hr/> <p>French Toast Sticks Sausage, Potatoes Blueberries, Cucumber Coins Juice Cup</p>	<p>18.</p> <p>Bacon &amp; Egg McMuffin Fruits &amp; Juice</p> <hr/> <p>Chicken Nuggets Tater Tots, Baked Beans Fresh Grapes &amp; Salad Bar</p>	<p>19.</p> <p>Toasted Bagel w/ Cream Cheese Fruits &amp; Juice</p> <hr/> <p>Pizza Dippers w/ Marinara Mixed Veggies, Sun Chips Rice Krispie Treat Fruit &amp; Salad Bar</p>
<p>22.</p> <p>Mini Cinni OR Cereal Bowl Fruits &amp; Juice</p> <hr/> <p>Hot Dog on WG Bun Potato Smiles, Baked Beans Cantaloupe &amp; Salad Bar</p>	<p>23.</p> <p>Breakfast Burrito Fruits &amp; Juice</p> <hr/> <p>Chicken Alfredo Mac Steamed Broccoli, Garlic Toast Fruit &amp; Salad Bar</p>	<p>24.</p> <p>UBR or Uncrustable Fruits &amp; Juice</p> <hr/> <p>Beef &amp; Cheese Nachos Fiesta Corn, Refried Beans, Salsa Fruit &amp; Salad Bar</p>	<p>25.</p> <p>Breakfast Slider &amp; Tri Tator Fruits &amp; Juice</p> <hr/> <p>Meatball Sub (BBQ or Italian) Thunder Fries Winter Blend Veggies Fruit &amp; Salad Bar</p>	<p>26.</p> <p>Long John &amp; Yogurt Fruits &amp; Juice</p> <hr/> <p>Pizza Boat Variety Mini Corn Cob Fruit &amp; Salad Bar Sept. Birthday treat</p>
<p>29.</p> <p>Fruit Frudel or Cereal Bowl String Cheese, Fruits &amp; Juice</p> <hr/> <p>Cheese Omelet, Potatoes, Strawberries, Cucumber Coins English Muffin w/ Jelly</p>	<p>30.</p> <p>French Toast &amp; Sausage Fruits &amp; Juice</p> <hr/> <p>Beef Stroganoff Green Beans, Dinner Roll Fruit &amp; Salad Bar</p>			<p>This institution is an equal opportunity provider.</p>